A LANTERN *along the way.*

Sometimes the first step is simply asking

You do not have to know whether hospice is the right choice before calling. Our team can answer questions, explain available options, and help you understand when additional support may be beneficial.

336.475.5444



When is it time to call Hospice?

Hospice is not about giving up.
It is about making the most of the time that matters.

Hospice may be appropriate when someone living with a serious illness is experiencing:

- More sleeping or needing to rest most of the time.
- Eating less or signifigant decline in appetite.
- Multiple falls or increased weakness and loss of balance.
- Increased difficulty breathing or shortness of breath, even at rest.
- Significant changes in weight, strength, or energy.
- Needing more help with everyday activities such as bathing, dressing, walking, or eating.
- More frequent hospitalizations or emergency room visitis.
- A decline despite continued medical treatment and a desire to focus on comfort and quality of life.

Hospice care focuses on keeping your loved one comfortable and supported - wherever they call home.

Whether that is in their home, a nursing facility, an assisted living community, or our hospice house, we provide expert medical care, pain and symptom management, and emotional and spiritual support for patients and their families.

Whatever the road ahead may hold, **you don't have to walk it alone.**

Alderwood
OF DAVIDSON COUNTY

With You For Life

UNDERSTANDING HOSPICE

Myths *vs.* Facts

✗ **MYTH:**
Hospice means giving up hope.

✓ **FACT:**
Hospice shifts the focus toward comfort, dignity, quality of life, and helping patients and families make the most of the time they have together.

✗ **MYTH:**
Hospice is only for the final days of life.

✓ **FACT:**
Hospice is designed to provide support during the final months of life, and families can benefit from receiving that support earlier.

✗ **MYTH:**
Choosing hospice means you lose control.

✓ **FACT:**
Patients and families remain an important part of decisions about their care. Hospice focuses on the individual's goals, wishes, comfort, and quality of life.

WITH YOU
IN REMEMBRANCE

During this Hospice Sabbath, we also pause to remember those who have gone before us.
We honor the lives the lived, the love they shared, and the memories that remain with us.
We remember the families who have walked the journey of loss, and we recognize those who continue to carry someone special in their hearts.

May the light of this lantern remind us that although someone we love may no longer walk beside us, the love they brought into our lives continues to shone.



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